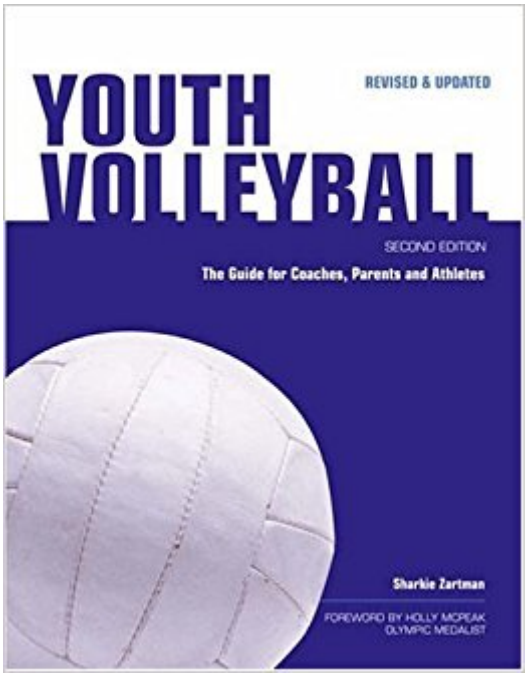
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Youth Volleyball: The Guide For Coaches & Parents (Betterway Coaching Kids Series)



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Synopsis

Youth Volleyball offers you everything you need to understand both boys and girls volleyball, whether you are a coach, parent, athlete, or fan. Author Sharkie Zartman, former national team member and an inductee to the Beach Volleyball Hall of Fame, guides you through the ins and outs of the ultimate team sport, covering new serving rules, the rally scoring system, the libero position, the fundamentals, and more.The book also includes:basic and new terminology, rules, and positionsdrills that are practical and funtips for communicating with kids and parentsinstruction on how to properly train and prevent injuriesadvice on how to teach sportsmanship and nurture self-esteembeach volleyball and its popularity and unique rulesWith advice on everything from communicating with parents and referees in an appropriate manner to balancing discipline with fun, Youth Volleyball is a sure guide to making a difference in the lives of young athletes.

Book Information

Series: Betterway Coaching Kids Series
Paperback: 208 pages
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Average Customer Review: 4.4 out of 5 stars 7 customer reviews
Best Sellers Rank: #388,410 in Books (See Top 100 in Books) #29 inÃ Â Books > Sports & Outdoors > Other Team Sports > Volleyball #51 inÃ Â Books > Sports & Outdoors > Coaching > Children’s Sports

Customer Reviews

Sharkie Zartman is a former national team member and an All-American from UCLA. Her husband Pat was the national coach in 1974. Together, they run the successful Spoilers Volleyball Club, which has won several National Youth Titles since 1993.

Very good book on basics for new coaches. But I also recommend calling your local club volleyball team to see if they’ll come out to help if you’re a newbie coach. Most clubs will help for free, and to recruit your good players.

this book was easily read & understood & the structure/layout was very useful with bullet points. Younger girls were able to read it & understand it quickly. It could use a bit more descriptions on age/skill appropriate drills & game plans.

I was in search of some resources to guide a brand new coach who isn't all that familiar with the technical details of the game. This book contains lengthy descriptions of the rules and explanations of the different roles each player has on the court. I found all of this helpful. My only complaint is since this is an older book it does not mention rally scoring which is predominatly in use today. The book centers on describing the old 15 point system, and the rules associated with that. I'm glad that it took the time to explain what each job on the court is and so I am happy with my purchase as a whole.

Become a volleyball expert with YOUTH VOLLEYBALL, which covers all the latest terminology, offers practical and fun drills, and instruction on sportsmanship and the sport. Coaches and parents new to coaching will find it an invaluable primer.Diane C. DonovanCalifornia Bookwatch

This book was very useful.. I consulted it as my Bible for my first season coaching volleyball. Includes many drills, graphics and more.

i want that book to use it to train my team .

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